

BEHAVIORAL HEALTH WORKGROUP MEETING

August 23, 2018

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Promote. Preserve. Protect.

Howard County LHIC

Local Health Improvement Coalition

PURPOSE & AGENDA

GOAL: Review FY18 outcomes, work group member expectations and select two community and two provider educational opportunities to support FY 19 expected behavioral health work group outcomes.

AGENDA:

- Welcome & Introductions
- Member Announcements
- Work Group Member Job Action Review
- FY 18 outcomes and updates on current initiatives
 - a. Mental Health First Aid Action Group*
 - b. Chronic Pain Management Facilitator Training*
- Healthy Meeting Stretch Break
- Provider/community education opportunities selection and planning discussion
- Next Steps for full work group and full work group meeting wrap-up

Member Announcements

Work Group Job Action Review

UPDATES ON CURRENT INITIATIVES (ACTION GROUPS)

-Mental Health First Aid Action Group Update

- Opioid Module
- Networking and Outreach

-Chronic Pain Management Facilitator Training

FY 18 Program Outcomes

*note data is still be reviewed

FY 18 OUTCOMES AND UPDATES ON CURRENT INITIATIVES- MHFA

FY 18 Expected Outcome: Increase participation by **5%** over baseline

FY 19 Expected Outcome: Increase participation by **10%** over baseline

Mental Health First Aid			
	FY17 BASELINE	FY18	% Change
Number of classes held	23	10	-56.5%
Number of participants trained	300	149	-50.33%
Max Capacity for 2017 (based on 25 participants desired max. per class)	575	250	-56.5%
% Capacity Reached	52.2%	59.6%	+7.4%

FY 18 OUTCOMES AND UPDATES ON CURRENT INITIATIVES- QPR & ASIST

FY 18 Expected Outcome: Increase participation by **5%** over baseline

FY 19 Expected Outcome: Increase participation by **10%** over baseline

QPR			
	FY17	FY18	Percent Change
Number of classes held	20	17	-15%
Number of participants trained	359	384	+6.9
Max Capacity for 2017 (based on 30 participants desired max. per class)	600	510	-15%
% Capacity Reached	60%	75.2%	+15%

ASIST			
	FY17	FY18	Percent Change
Number of classes held	2	2	0%
Number of participants trained	20	29	+45%
Max Capacity for 2017 (based on 30 participants desired max. per class)	60	60	0%
% Capacity Reached	33.3%	48.3%	+15%

FY 18 OUTCOMES AND UPDATES ON CURRENT INITIATIVES- ADDITIONAL PROGRAMS IDENTIFIED

Kognito- Suicide prevention program designed for educators, staff and students used by HCPSS

- FY18 Outcomes * will serve as baseline for FY 19
 - 6,576 total participants trained
 - At Risk for High School module- 2,321
 - At risk for middle school module- 1,345
 - At risk for elementary school module 2, 849
 - Step in and Speak Up- 51
 - Supporting Military Families- 8
 - Friend 2 Friend – 2

FY18 PROVIDER EDUCATION OPPORTUNITIES

FY 18 Expected Outcome: 1 Provider Educational Opportunity

FY 19 Expected Outcome: 2 Provider Educational Opportunities

BHIPP Education Events FY18		
	# Registered	# Attended
APRIL Depression and Use of PQH9	22	18
MAY Advanced ADHD for the Primary Care Provider	28	20
JUNE Self Injury	15	13

HEALTHY MEETING STRETCH BREAK

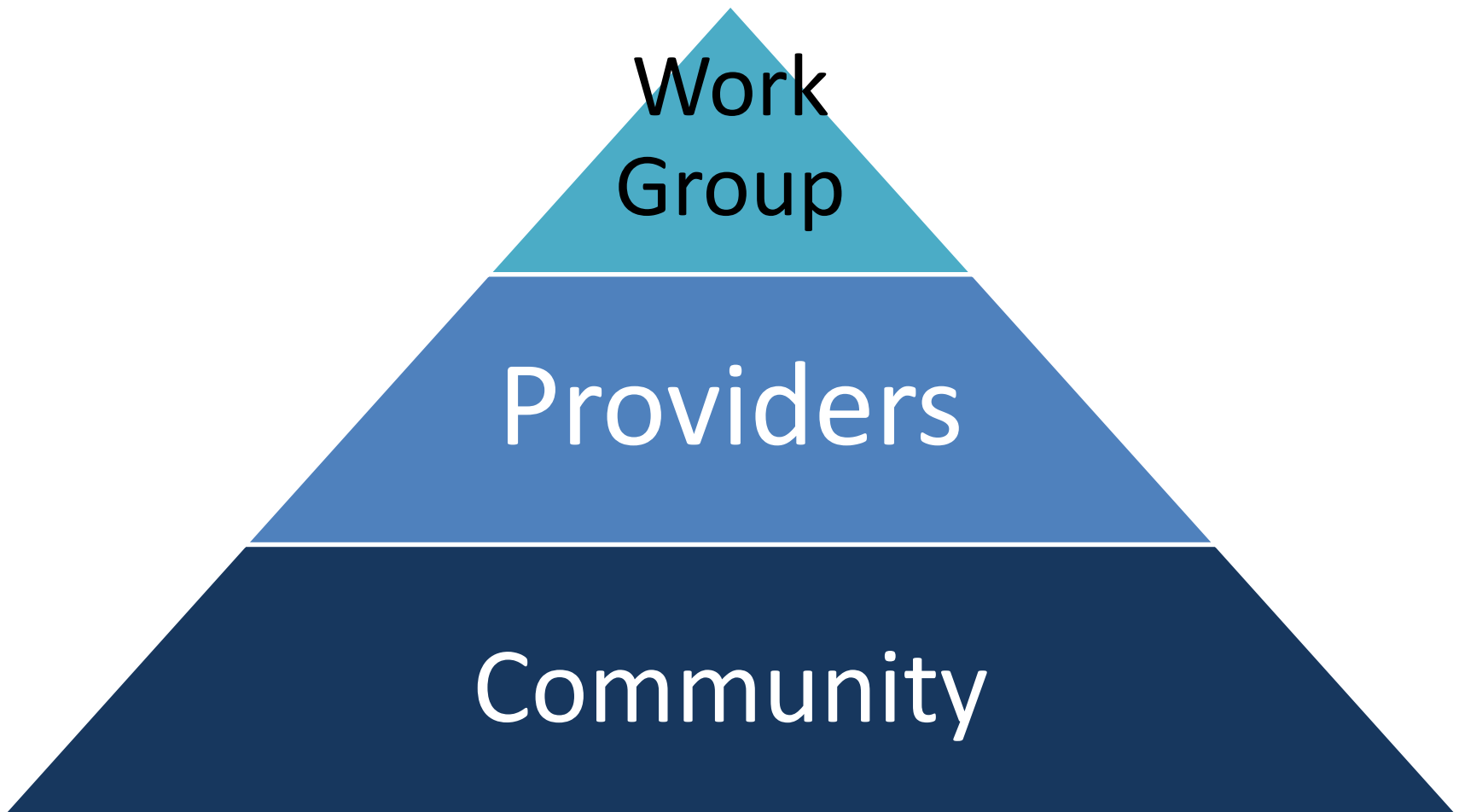
Take Your
Break 

<https://www.workplacestrategiesformentalhealth.com/newsletter/healthy-break-activities>

FY19 CONTINUING EDUCATION OPPORTUNITIES

- FY 19 Expected Outcome: 2 Work group / Provider/ Community Education Opportunities
- Potential topics
 - Language of Mental Health
 - Opioid/ Pain Management for Dental Providers
 - Physical activity and Mental Health
 - Mental Health and Suicide in Aging Populations
 - BHIPP Events
 - Guiding Good Choices (to be implemented in FY19 Q2)

PROVIDER/COMMUNITY EDUCATION OPPORTUNITIES SELECTION AND PLANNING DISCUSSION



WRAP UP AND NEXT STEPS

- FULL LHIC MEETING

9/27/18

8:30- 10:30am

- WORK GROUP MEETING

10/18/18

9:00- 10:30am

Barton A/B